

LIFEGUARD

POSITION DESCRIPTION: Performs lifeguarding and swim instruction at the city pool and adjacent area; ensures the safety and delivery of customer services to patrons. Reports to Aquatics Supervisor.

ESSENTIAL FUNCTIONS:

- ◆ Lifeguarding: Spends at least 75% of time sitting in stationary Lifeguard chair & walks at least 20% of time to listen to & observe swimmers in the pool & on the pool deck for possible accidents.
- ◆ Swim instruction: spends at least 75% of time in the water giving instruction to all ages; must be able to observe and perform all types of swimming and diving skills in the education of the students.
- ◆ Enters chemically-treated pool water to rescue persons in trouble, participates in instructing, & checks the pool equipment & condition.
- ◆ Demonstrates respect for the customer; provides superior customer service. Answers oral and phone requests for information; responds to complaints and attempts to resolve; greets the public promptly and professionally.
- ◆ Verbally enforces policies, rules, regulations & ordinances governing the conduct of people using the swimming pool & pool deck area. Asks for assistance when needed in maintaining safe pool behavior of the pool patrons.
- ◆ Reports verbally and in writing any physical or unsafe hazards or conditions to the Aquatics Supervisor.
- ◆ Coordinates visual and muscular dexterity to sweep and hose down pool decks requiring continuous and repetitive arm, hand and eye movement. Keeps pool gutters clean. Assists in the cleaning of the locker rooms when needed by sweeping and/or scrubbing the floor tile, washing the sinks, etc.
- ◆ Lifts and/or moves equipment such as lane lines, vacuum hoses, pool tarps, Lifeguard chairs, recreation equipment, etc. weighing up to 50 pounds on a daily basis.
- ◆ Assists in any area of the pool when requested.

QUALIFICATIONS: Any combination of training & experience that demonstrates the ability to perform the work. Must possess or be able to obtain prior to starting work, a valid American Red Cross Lifeguard Certificate (includes lifting dead weight usually exceeding 100 pounds), a CPR Certificate, & standard first aid certificate or equivalent. Instructors must complete American Red Cross WSIr92 or equivalent. Must be able to work in chemically-treated swimming pool water & in extreme heat & cold & indirect sunlight. Must have good knowledge of modern lifesaving methods (including approaching, breaking holds, & carrying victims) & swimming pool health regulations, laws & ordinances governing the conduct of persons at a swimming pool or adjacent area. Ability to act quickly & calmly in emergencies & communicate verbally & effectively with co-workers & the general public. Must be able to lift and/or move various pool/recreation equipment weighing up to 50 pounds on a daily basis. Must be committed to teamwork, have a shared commitment to qualify in everyday work, and demonstrate the willingness to assume ownership in completion of assigned tasks. Attendance and punctuality are essential functions to this position.

LIFEGUARD AND/OR WATER SAFETY INSTRUCTOR

POSITION DESCRIPTION: Lifeguard is a service/maintenance classification working in the Recreation Department. Primary responsibilities involve monitoring activities at a City-operated swimming pool to prevent accidents and to rescue swimmers in danger of drowning. A Lifeguard cautions swimmers regarding unsafe practices and safety hazards, maintains order in the pool and adjoining areas, and administers first aid. Other duties include: completing reports associated with accidents, incidents, and lessons; sweeping pool decking; removing debris from the pool and adjoining areas; and giving general information on pool hours and general operation to pool patrons.

When certified as a Water Safety Instructor, instructs various age groups in swimming skills organized according to development and ability, and plans activities for each group. The employee is expected to use some independent judgment in scheduling activities and in cases of emergency. This class is responsible for performing related duties as required.

Distinguishing Features: Work is reviewed for results by observation. Employees in this class may work full time, part time or seasonal schedules. This class is supervised by the Aquatic Supervisor at the work site, and a Recreation Director

Qualifications, Education and Experience: Requires a valid Red Cross Lifeguard Training Certificate and/or a Water Safety Instructor's Certification (in order to qualify as swimming instructor) by hire date. Some (6 months - 1 year) experience in performing the duties of a Lifeguard and instructing swimming classes at a public pool is preferred.

ESSENTIAL FUNCTIONS:

Communicates with staff members and the general public in order to give swimming lesson instructions and enforce pool rules to guard public safety. Completes written documents regarding accidents, incidents, and swimming lessons. Prepares lesson plans, grades tests, and completes course records. Makes daily written entries into a logbook to outline and document the day's activities.

Performs swimming rescues on drowning victims including approaching, breaking holds, and carrying drowning people, which requires removal of the victim from water who may weigh from 50-200 pounds. Performs resuscitation techniques requiring physical stamina, and other first aid measures. Climbs up and sits on guard chairs approximately six feet from ground level, rotating position every 15-30 minutes. Performs maintenance tasks which include moving high pressure hoses approximately 200 feet, sweeping and scrubbing bathrooms and pool tile, emptying garbage cans, and setting up and taking down folding chairs and tables. Stands in 82 degree water for three 45-minute periods while instructing and demonstrating swim strokes and other aquatic techniques. Detects distress calls for possible activation of emergency procedures. Detects chlorine leaks. Inspects pool facility for unsafe or broken equipment. Observes patron behavior while engaged in swimming activities for unsafe or improper conduct and possible drowning situations.

Uses judgment to determine if patrons are safely and properly conducting themselves. Learns job-related material primarily through structured lecture and reading in a classroom setting, with some oral instruction also provided.

Knowledge/Skill/Abilities:

Knowledge of:

- _ the principles and methods used in teaching swimming;
 - _ lifesaving, including modern methods of approaching, breaking holds, and carrying drowning people;
 - _ the standard techniques of resuscitation and other first aid measures;
 - _ swimming pool sanitary regulations and their use; and
 - _ laws and ordinances governing the conduct of people at a swimming pool or swimming area.
- _ Skill in swimming and the application of standard techniques of resuscitation and other first aid measures.

Ability to:

- _ meet and be firm and effective with the public;
- _ react quickly and calmly in emergencies;
- _ monitor the activities of swimmers and quickly detect problem areas;
- _ deal tactfully and courteously with pool patrons and the general public; and
- _ give instructions in swimming, apply lifesaving techniques, and render first aid to various age groups.